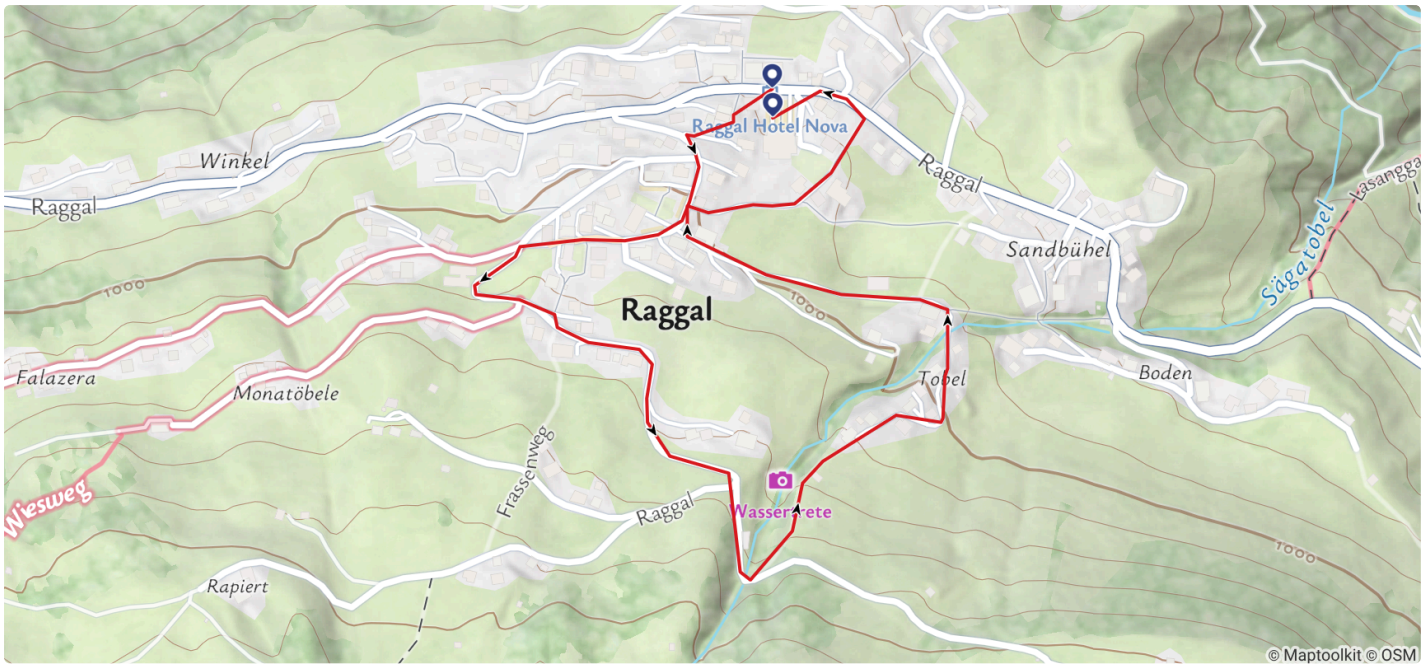
Kneipp-Aktiv-Weg | Raggal

MODERATE | PANORAMIC | FAMILY-FRIENDLY | ROUND TRIP



Tour description

Circular hiking trail in Raggal with water treads, Kneipp troughs, barefoot path and rest loungers.

The five pillars for a good life are made visible and tangible along the circular trail. In addition to various highlights such as a water treadmill, numerous Kneipp troughs, a barefoot path and wooden resting loungers, the trail is equipped with information boards on the five pillars of Kneipp. The path runs alongside diverse nature with a wide variety of herbs.

The five pillars for a good life

- Water - To feel good and stay healthy
- Medicinal herbs - natural and effective healing
- Nutrition - Enjoy fresh, wholesome food
- Movement - Exercise regularly with pleasure
- Order of life - finding your inner balance

Stations small loop

- Starting point at the village hall (parking spaces available)
- Village lime tree with fountain and arm pool
- Pedal pool with barefoot path

Path course

The path leads past the village hall to the village square by the church to the first station at the village fountain, the **arm pool.** The trail continues between the church wall and the Walserhaus, climbing slightly to the Ganai-Rapiert goods road. Walk left along the farm track to the junction. From there, continue along the farm track past the sawmill. Directly after the ravine, the signpost shows the path to the left downhill to the **TretBecken**. Along the slope, first in serpentines and then straight downhill, you cross a wooden bridge to reach the highlight of the short loop to the **pedal pool** with **barefoot path**. You return to the starting point via the wooden bridge, then left to the Küng farm. From there, follow the Tobel goods road back to the village hall.

Variety of herbs - the trail runs along diverse nature with a large variety of herbs.

02:00 h duration	**4,13 km** Length
1142 m Highest point	**955 m** Lowest point
198 m Ascent	**198 m** Descent

Start	Municipal office Raggal
Finish	Municipal office Raggal
Tour type	Thematic trail
Difficulty	Moderate

Elevation profile



Condition	
Technique	
Difficulty	
Result	
Landscape	

Best time of year

JAN	FEB	MAR	APR	MAY	JUN
○	○	○	○	✓	✓

JUL	AUG	SEP	OCT	NOV	DEC
✓	✓	✓	✓	○	○

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Directions

Community center - arm pool at the village fountain - ravine - pedal pool - pedal pool with barefoot path - wooden bridge - Küng farm - community center

Equipment

Ankle-high mountain boots with treaded soles, sun and rain protection, snack, filled water bottle and first aid kit. Mobile phone for emergencies.

Public transport

Bus line 575 to Raggal, stop Walserhalle
Timetable information online at www.vmobil.at

Parking

Public parking lot in Raggal

Safety instructions

EMERGENCY CALL
140 Alpine emergencies Austria-wide
144 Alpine emergencies Vorarlberg
112 Euro-emergency call (works with any mobile phone/network)
www.alpenregion-vorarlberg.com/sicherheitstipps-wandern

Safety in the mountains

EN NOTRUF:

EN 140 - Alpine Notfälle österreichweit

EN 144 - Alpine Notfälle Vorarlberg

EN 112 - Euro-Notruf (funktioniert mit jedem Handy/Netz)

further information