Steris - Oberpartnom - Unterpartnom | Sonntag

MODERATE | REFRESHMENTS | PANORAMIC | CABLE CAR ASCENT/DESCENT | ROUND TRIP



Tour description

The panoramic hike from Alpe Steris over the Upper and Lower Partnom Alps is perfect for connoisseurs.

The cable car takes you from the valley station in Sonntag across the valley to the mountain station in Sonntag-Stein. This beautiful circular hike starts at the mountain station with a short ascent before the hiking trail branches off to Alpe Steris. A meadow and forest path leads through the Bickelwald forest and over the Steintobel ravine and then you will reach Alpe Steris via a forest road.

At the foot of the Breithorn you can take a break in the Sterisstüble. Continue along a meadow path across flowering alpine pastures to the Oberpartnom alpine pasture. At the Alpe Oberpartnom, the Breithornhütte invites you to take a short break. The trail then continues downhill along the goods road to the Unterpartnom alpine pasture, from where a meadow hiking trail leads directly back to the starting point.

Public transport

Bus line 570, stop "Sonntag Seilbahn Stein"

Timetable online at www.vmobil.at

Parking

Parking at cable car Sonntag-Stein

Directions

Sonntag-Stein cable car valley station - ascent with cable car - Sonntag-Stein cable car mountain station - meadow and forest trail - Bickelwald - Steintobel - forest road - Alpe Steris - meadow hiking trail to Alpe Oberpartnom - goods road to Alpe Unterpartnom - meadow hiking trail - Sonntag-Stein cable car mountain station

03:30 h duration	**9,9 km** Length
1679 m Highest point	**1281 m** Lowest point
455 m Ascent	**453 m** Descent

Start	Sonntag-Stein Cable Car
Finish	Sonntag-Stein Cable Car
Tour type	Hiking trail
Difficulty	Moderate

Elevation profile



Condition	
Difficulty	
Result	
Landscape	

Best time of year

JAN	FEB	MAR	APR	MAY	JUN
○	○	○	○	○	✓

JUL	AUG	SEP	OCT	NOV	DEC
✓	✓	✓	✓	○	○

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Safety instructions

EMERGENCY CALL

140 Alpine emergencies throughout Austria

144 Alpine emergencies Vorarlberg

112 Euro emergency call (works with any mobile phone/network)

www.alpenregion-vorarlberg.com/sicherheitstipps-wandern

Equipment

Ankle-high mountain boots with treaded soles, sun and rain protection, snack, filled water bottle and first aid kit. Mobile phone in case of emergency. Walking sticks are recommended.

Tips

This hike can also be hiked in the opposite direction and for all gourmets the "Culinary Pleasure Round" is a special tip. Ask at the ticket office of the Sonntag-Stein cable car for the "Culinary Pleasure Round".

Safety in the mountains

EN NOTRUF:

EN 140 - Alpine Notfälle österreichweit

EN 144 - Alpine Notfälle Vorarlberg

EN 112 - Euro-Notruf (funktioniert mit jedem Handy/Netz)

further information