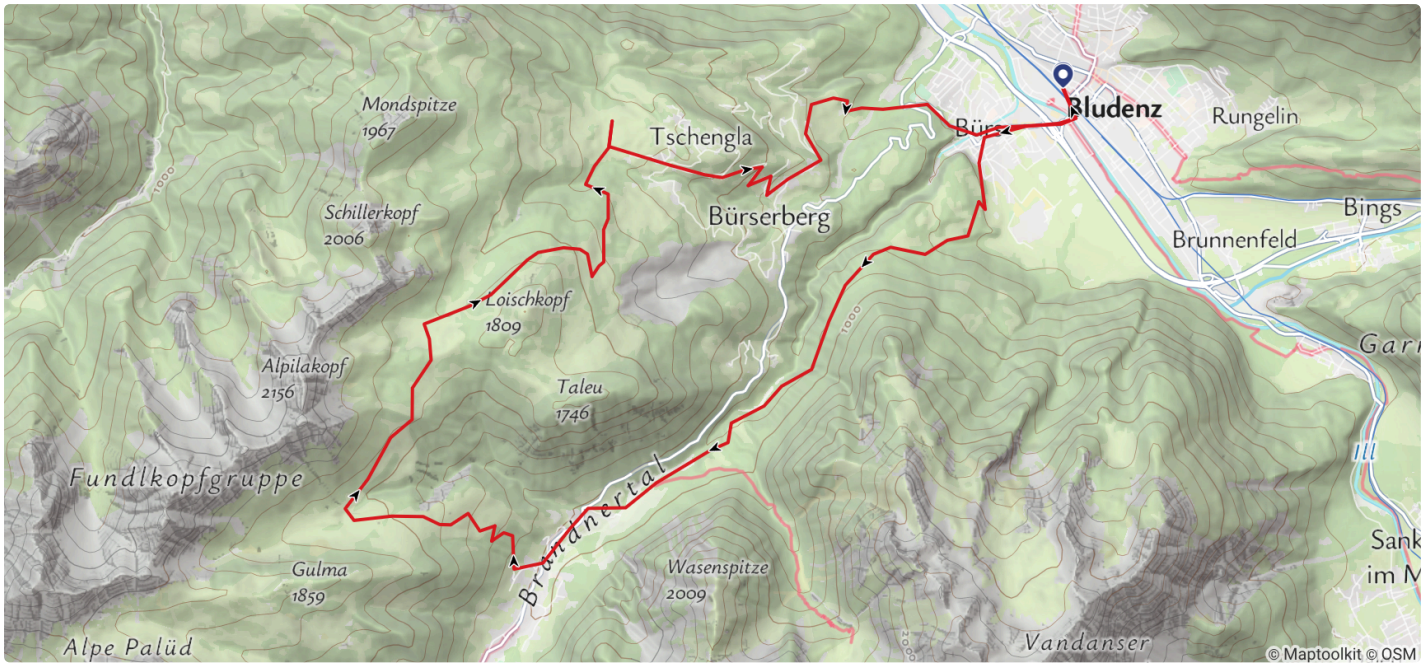
# Titel (de)5-Täler Mountainbike-Stern-Tour (Etappe 1) | Bludenz

Klostertal Vorarlberg

MODERATE | REFRESHMENTS | PANORAMIC | CABLE CAR ASCENT/DESCENT | STAGE TOUR




## Tour description

**The alternative to the classic 5 Valleys Mountain Bike Tour for anyone based in Bludenz. Over the course of 4 days, you can explore a different valley in the Bludenz Alpine region each day, starting from Bludenz. Panoramic views and singletrack trails included. The tour is also designed for e-bikes: there are no sections where you have to carry your bike, and plenty of charging stations are available.**

**"Warm-Up": Brandnertal,**including the Brandnertal Bike Park (1,340 m elevation gain / 950 m with the mountain railway)
Ride leisurely from Bludenz along a paved bike path to Brand. Take the Dorfbahn up toward Parpfienzsattel (if you want to gain elevation, take the farm road to the mountain station), then enjoy the single trails inthe Brandnertal Bike Parkall the way to Tschengla/Bürserberg. From there, head back down to Bludenz.

### Directions

Bludenz Train Station – Bürs Town Center – Werkstraße – Schaßweg – follow the road – Schaß – Klostermaisäß – Bridge – Galaferda District – Brand Town Center – Ascent via the village railway (or forest road) – Innere Parpfienzalpe – Parpfienzsattel – Mühlebach Trail – Faregg Lift valley station – Loischkopfbahn mid-station – Flowline "Tschengla Unchained" (alternatively, farm road) – Tschengla or Bürserberg – Bludenz

### Equipment

Mountain bike, helmet, rain and sun protection, as well as food and enough water for each day's stage. For multi-day tours, we recommend: a change of clothes, toiletries, tools and a spare inner tube, a first-aid kit, a map or route description, and other personal items.

### Tips

The 5-Valley Tour is a moderately difficult mountain bike tour and is therefore not recommended for absolute beginners. However, it is certainly manageable for novice mountain bikers. If necessary, difficult trails can be bypassed, and if it really isn't possible, you can always push your bike for a short distance.

The tour is also designed for e-bikes, and there are plenty of charging stations available.

| | |
|---|---|
| **05:15 h** duration | **29,8 km** Length |
| **1672 m** Highest point | **558 m** Lowest point |
| **1180 m** Ascent | **1180 m** Descent |

| | |
|---|---|
| **Start** | Bahnhof Bludenz |
| **Finish** | Bahnhof Bludenz |
| **Tour type** | Mountain bike |
| **Difficulty** | Moderate |

### Elevation profile




| | |
|---|---|
| **Condition** | |
| **Difficulty** | |
| **Result** | |
| **Landscape** | |

### Best time of year

| JAN | FEB | MAR | APR | MAY | JUN |
|---|---|---|---|---|---|
| ○ | ○ | ○ | ○ | ○ | ✓ |
| **JUL** | **AUG** | **SEP** | **OCT** | **NOV** | **DEC** |
| ✓ | ✓ | ✓ | ✓ | ○ | ○ |


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## Public transportation

Check schedules online atfahrplan.vmobil.at

## The Park

Bludenz Train Station

## Safety Instructions

**EMERGENCY HOTLINE**
140 Alpine emergencies throughout Austria
144 Alpine emergencies in Vorarlberg
112 European emergency number (works with any cell phone/network)
www.alpenregion-vorarlberg.com/sicherheitstipps-wandern

## Sicherheitstipps für Mountainbike in Vorarlberg

**NOTRUF:**

140 Alpine Notfälle österreichweit

144 Alpine Notfälle Vorarlberg

112 Euro-Notruf (funktioniert mit jedem Handy/Netz)

further information