

16.
Dec 2025

Yoga Nidra

🕒 Tuesday 18:30 o'clock

Duration: 1 hour 15 minutes



Find calm and inner balance during a guided Yoga Nidra session.

Guest Cards



Brandnertal, Bludenz, Kloostertal Guest Card

With the Brandnertal, Bludenz, Kloostertal guest card, you receive a discount of € 5.00.

Arrival Information

Country bus L580, stop "Brand Church". The exact connections can be searched at www.vmobil.at. With the Brandnertal, Bludenz, Kloostertal guest card and the Premium guest card, traveling by public transport is free.

Hint / Advice

up to 8 people | **Duration:** 75 minutes

Equipment

Comfortable clothing, yoga mat, possibly a seat cushion, a blanket, and water to drink | Mat rental available on-site

Price

€ 15.00 with guest card and € 20.00 without guest card (cash payment only)

Registration

directly with Stefanie, T +43 664 54 46 072 or yoganic.lifestyle@gmail.com

Meeting point

at 18:30 at the first floor of the Old School (Gufer 36a, 6708 Brand)





Venue

Altes Schulhaus Brand

6707 Bürserberg

+43 664 54 46 072

yoganic.lifestyle@gmail.com



Organizer

Frau Stefanie Moser

6707 Bürserberg

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