Sunna-Weg (stage 1) | Nüziders-Bludenz

bludenz
Die Alpenstadt

EASY | REFRESHMENTS | PANORAMIC | CULTURAL / HISTORICAL

Tour description

Along the municipalities of Nüziders, Bludenz and Braz, a cultural-historical theme trail, the "Sunna Trail", has been inspiring visitors since summer 2019. The first stage leads from the Hängende Stein in Nüziders to the Daneu bridge in Bludenz.

Start of the tour is at the parking lot of the "Hängender Stein" in Nüziders. From here along the Walgauweg in the direction of Nüziders. After about 15-20 minutes you will reach the first houses of the Nüziders community. The path leads here for a short distance through the village. At the Bad Sonnenberg inn, the path branches off along a meadow and forest path in the direction of the Sonnenberg ruins (access to the meadow and forest path: above the parking lot, a narrow footpath branches off to the right). Alternatively, this section can also be done through the village of Nüziders and along the Schloßweg. At the end of the Schloßweg, directly at the Sonnenberg ruins, both trail variants meet again in the "Kälberbünt" district. From here, the path leads uphill for a while along the forest road. At the next fork with signposts, follow the trail in the direction of Kreuzboden, Hinteroferst and Nüziders. From here continue on forest roads and forest paths. On this section of the trail, there are always short breaks at rest areas with loungers - the vantage point "Grafen Känzele" is particularly beautiful. The Grafen Känzele is not directly on the path, but the short detour is definitely worth it - there is also the information board No. 5 and a sensational view awaits you. The trail continues along the forest path, past the Maria Brünnele and on towards Bludenz. The last part of the first stage leads you out of the forest over a meadow to the South Tyrolean settlement and further to the Daneu bridge.

Possible access and exits
- at Gasthof Bad Sonnenberg in the direction of the municipal office Nüziders
- at the Schloßweg direction Gemeindeamt Nüziders
- at Kreuzboden in the direction of Nüziders town center

Directions

Hängender Stein, Nüziders - Walgauweg - Gasthof Bad Sonnenberg - meadow/forest path - Sonnenberg ruins - Schloßweg - Kälberbünt - Kreuzboden - Oberdaneu - Daneubrücke, Bludenz

Equipment

Ankle-high shoes with treaded soles, sun and rain protection, snack, filled water bottle and first aid kit. Mobile phone for emergencies.

01:30 h duration	**4,30 km** Length
716 m Highest point	**537 m** Lowest point
223 m Ascent	**73 m** Descent

Start	Climbing Garden "Hängender Stein"
Finish	Bushaltestelle - Oberdaneu
Tour type	Thematic trail
Difficulty	Easy

Elevation profile

Condition	
Difficulty	
Result	
Landscape	

Best time of year

JAN	FEB	MAR	APR	MAY	JUN
				✓	✓
JUL	**AUG**	**SEP**	**OCT**	**NOV**	**DEC**
✓	✓	✓	✓		

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Tips

For those interested in history, an additional section of the trail to the excavations in Nüziders is recommended. From Gasthof Bad Sonnenberg in the direction of Außerberg/Bazis. In Bazis, continue in the direction of Nüziders Ortsmitte/Ruine Bad Sonnenberg. Additional walking time: approx. 1 hour.

Public transport

Access: Bus line 560, stop Nüziders Rämpele
Possible entry/exit: Bus line 560, stop Nüziders Postamt
Get off: City bus line 501, stop Nüziders Oberdaneu or Bludenz Obdorfweg

Timetable query online at www.vmobil.at

Parking

Parking lot at the Hängender Stein in Nüziders or parking lot at the cable car Muttersberg in Bludenz

Safety instructions

EMERGENCY CALL
140 Alpine emergencies Austria-wide
144 Alpine emergencies Vorarlberg
112 Euro-emergency call (works with any mobile phone/network)
www.alpenregion-vorarlberg.com/sicherheitstipps-wandern

Safety in the mountains

EN NOTRUF:

EN 140 - Alpine Notfälle österreichweit

EN 144 - Alpine Notfälle Vorarlberg

EN 112 - Euro-Notruf (funktioniert mit jedem Handy/Netz)

further information